



Name: \_\_\_\_\_

Class: \_\_\_\_\_

## THE HEART

### 1. What is arrhythmia? How many types are there?

- a) heart beat problems, 5 types
- b) heart muscle problems, 3 types
- c) abnormal breathing rhythm, 4 types
- d) heart rhythm problems, 2 types

### 2. What are the risk factors for abnormal heart rhythms?

Circle the correct options:

Smoking



Sedentary lifestyle



Unhealthy food



Healthy food

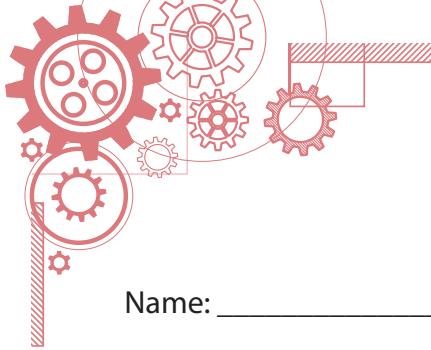


Obesity



Listening to loud music



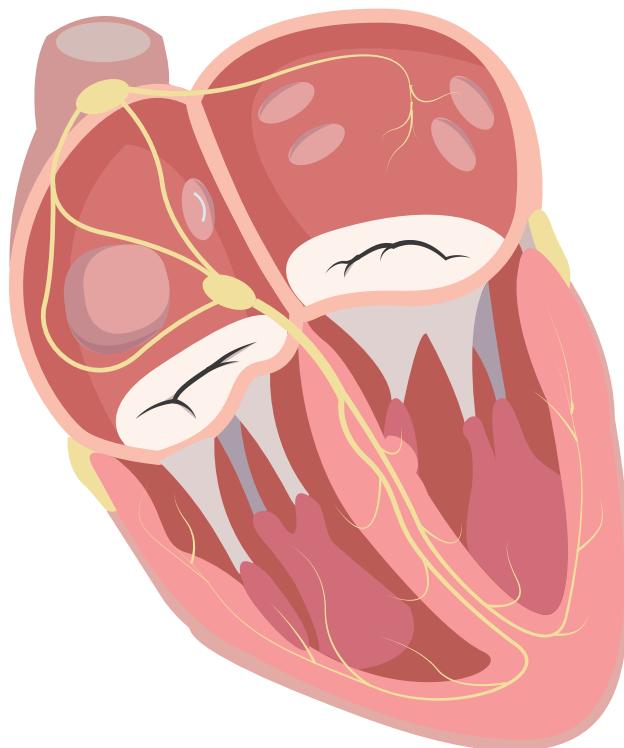


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3. From the boxes below, choose the correct labels that cause the heart to beat and mark them on the diagram:



Vena cava	Right atrium	Sinoatrial node	Atrioventricular node
Right bundle branch	Left bundle branch	Purkinje fibers	Right ventricle
Left atrium		Left ventricle	Septum

